

TERM 4 MENU 2018

RECESS

COUNTER SALES ONLY

G	Cheesies	\$0.50
G	Vegemite Rolls	\$0.40
G	Sliced Fruit (Seasonal)	\$0.30
G	Fruit Tubs (Seasonal)	\$0.80
G	Fruit Tub with yoghurt	\$1.00
A	Pizza Slices	\$0.40
A	Wedges (Monday only)	\$1.00
A	Garlic Bread	\$0.10
G	Homestyle Pikelets	\$0.40
G	Grainwaves	\$1.00
G	Rice Chips (GF)	\$1.10
G	Vege Chips (GF)	\$1.30
G	Apple Slinky	\$0.80
G	Jelly Fruit Cup	\$0.80
G	Popcorn	\$0.30
A	Homestyle Fruit Muffins (Seasonal)	\$0.60
A	Homestyle Banana Bread	\$0.40

LUNCH

COUNTER SALES ONLY

G	Frozen Fruit Cup	\$0.30
G	Frozen Pineapple	\$0.50
A	Paddle Pops	\$2.00
	Chocolate/Rainbow/Banana	
A	Froyo Go (Frozen Yoghurt)	\$2.20
	Caramel Cheesecake (GF)	
	Mango Frenzy (GF) Fairy Floss (GF)	
	Cookies N Cream	
A	Fruit Stick (Whole)	\$0.60
A	Fruit Stick (Half)	\$0.30

EXTRAS

	Tomato Sauce	\$0.30
	BBQ Sauce	\$0.30

**LUNCH AVAILABLE MON – WED – FRIDAY
ORDERS ONLY**

G	Corn on the Cob	\$1.30
G	Macaroni Cheese (V)	\$4.00
G	Twista Bolognaise	\$4.00
G	Vegetable Lasagne (V) (GF)	\$4.00
G	SANDWICHES/ROLLS/WRAPS	
	Sandwich	Roll/Wrap
	Vegemite	\$2.50 \$3.50
	Cheese	\$2.50 \$3.50
	Ham	\$3.80 \$4.50
	Chicken	\$3.80 \$4.50
	Tuna	\$3.80 \$4.50
	Egg	\$3.80 \$4.50
	Salad	\$3.80 \$4.50
	(All meat or egg sandwiches & rolls come with up to 4 salad fillings)	

Extra Fillings \$0.30
(Lettuce, Tomato, Cucumber, Carrot, Capsicum or Beets)

G	Toasted Sandwiches	\$4.00
	(Ham & Cheese / Cheese)	
	All available in white (wholemeal on request)	

SALADS

G	Garden Salad	\$5.00
	Lettuce, Carrot, Cucumber, Tomato, Celery & Cheese	
	Greek Salad	\$5.50
	Lettuce, Cucumber, Tomato, Olives, Capsicum & Feta Cheese	
	Extras: Ham, Chicken, Tuna, Egg	\$0.40

Lunch Paper Bags \$0.10

10 lunch paper bags \$1.00

All Homestyle products are approved by WACAS

DAILY MEALS

ORDERS ONLY

MONDAY

G	Fish Fingers, potato jewels and salad (comes with a fresh fruit tub)	\$5.00
G	Hamburger with Salad (H) Plus Cheese	\$4.50 \$0.20
G	Chicken Schnitzel Burger with Salad Plus Cheese	\$4.50 \$0.20
G	Homestyle Pizza Ham & Pineapple, Margarita & Chicken (H)	\$2.80

WEDNESDAY

G	Popcorn Chicken, wedges and Salad (comes with a fresh fruit tub)	\$5.00
A	Sausage Roll (H)	\$3.20
A	Meat Pie (H)	\$3.20
A	Chicken Sticks (Pack of 5) (H)	\$3.00

FRIDAY

G	Homestyle Meatball Sub with cheese (comes with a fresh fruit tub)	\$5.00
A	Hotdog with sauce Plus cheese	\$3.60 \$0.20
A	Junior Hotdog (1/2 Hotdog) Plus cheese	\$1.80 \$0.10
A	Chicken Sticks (Pack 5) (H)	\$3.00
A	Party Pie	\$1.10

DRINKS

G	600ml Water	\$1.30
G	300ml Flavoured Milk Chocolate, Strawberry, Banana	\$2.20
A	275ml Juice Bombs Apple & Blackcurrant/Apple & Raspberry Vanilla & Lime and Orange Passio	\$2.10
A	250ml Juice Boxes Tropical, Apple, Apple & Blackcurrant	\$1.90
A	Chocolate Yogo	\$2.40

VOLUNTEERS NEEDED

The Canteen is **ALWAYS** looking for Volunteers. If you are able to spare any time even just an hour, please call Gabriella on 0407558901.

Please come along and support your Canteen. All Volunteers receive a free lunch plus a canteen voucher for their child or grandchild.

Thank you.



ILLAWARRA

Primary School | Caring for People

An Independent Public School

TERM 4 MENU 2018

MONDAY – WEDNESDAY – FRIDAY

MOBILE 0407 558 901 (GABRIELLA)

TRAFFIC LIGHT SYSTEM

G GREEN – DAILY HEALTHY CHOICES

A AMBER – LIMIT THESE FOODS

R RED – NOT AVAILABLE

GL GLUTEN FREE

H HALAL

V VEGETARIAN

Please ensure that all orders are in before 9.30am.